

# SEPTEMBER

## Elementary Menu

# ANNOUNCEMENTS

### Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!

Fresh Fruit & Vegetable Bar Served Daily!

**Monthly Promotion**  
Join us for Chicken Lo Mein on Thursday, September 13<sup>th</sup>.



This institution is an equal opportunity provider.

### Questions or Comments?

John Oakley, Director of Dining Services  
Phone: 520-545-2073



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

3

**LABOR DAY**  
**No School!**

4

**Breakfast**  
Cereal Bar

**Lunch**  
Spaghetti w/ Meat Sauce  
Grilled Cheese  
PBJ Sandwich  
Green Beans

5

**Breakfast**  
Yogurt w/ Crackers

**Lunch**  
Chicken Burrito  
Chef Salad  
Refried Beans

6

**Breakfast**  
Cherry Frudel

**Lunch**  
Orange Chicken w/ Rice  
Hot Dog  
Ham & Cheese Sandwich  
Steamed Broccoli

7

**Breakfast**  
Breakfast Pizza

**Lunch**  
Chicken Fajitas  
Cheese Quesadilla  
PBJ Sandwich  
Seasoned Corn

10

**Breakfast**  
Cereal Bar w/ Crackers

**Lunch**  
Corn Dog  
Crispy Chicken Salad  
PBJ Sandwich  
Garden Peas

11

**Breakfast**  
Bean & Cheese Burrito

**Lunch**  
Macaroni & Cheese  
Chicken Sandwich  
Turkey & Cheese Sandwich  
Green Beans

12

**Breakfast**  
Yogurt w/ Crackers

**Lunch**  
Pizza  
Chef Salad  
Cooked Carrots

13

**Breakfast**  
Cherry Frudel

**Lunch**  
*Chicken Lo Mein*  
Cheeseburger  
Ham & Cheese Sandwich  
Steamed Broccoli

14

**Breakfast**  
Breakfast Pizza

**Lunch**  
Pork Carnitas  
Cheese Quesadilla  
PBJ Sandwich  
Refried Beans

17

**Breakfast**  
Cereal Bar w/ Crackers

**Lunch**  
Sloppy Joe Sandwich  
Crispy Chicken Salad  
PBJ Sandwich  
Pinto Beans

18

**Breakfast**  
Bean & Cheese Burrito

**Lunch**  
Beefaroni  
Hot Dog  
Turkey & Cheese Sandwich  
Cooked Carrots

19

**Breakfast**  
Yogurt w/ Crackers

**Lunch**  
Pizza  
Chef Salad  
Green Beans

20

**Breakfast**  
Cherry Frudel

**Lunch**  
Orange Chicken w/ Rice  
Grilled Cheese  
Ham & Cheese Sandwich  
Steamed Broccoli

21

**Breakfast**  
Breakfast Pizza

**Lunch**  
Beef Soft Tacos  
Bean & Cheese Burrito  
PBJ Sandwich  
Garden Peas

24

**Breakfast**  
Cereal Bar w/ Crackers

**Lunch**  
Chicken Cordon Bleu  
Crispy Chicken Salad  
PBJ Sandwich  
Seasoned Corn

25

**Breakfast**  
Bean & Cheese Burrito

**Lunch**  
Spaghetti w/ Meat Sauce  
Corn Dog  
Turkey & Cheese Sandwich  
Cooked Carrots

26

**Breakfast**  
Yogurt w/ Crackers

**Lunch**  
Pizza  
Chef Salad  
Steamed Broccoli

27

**Breakfast**  
Cherry Frudel

**Lunch**  
Chicken Burrito  
Hamburger  
Ham & Cheese Sandwich  
Green Beans

28

**Breakfast**  
Breakfast Pizza

**Lunch**  
Pork Carnitas  
Cheese Quesadilla  
PBJ Sandwich  
Refried Beans

Fresh Fruit Selection Available Daily at Breakfast



Menu is subject to change.

**View Complete School Lunch Menus @**  
**<https://susd12.nutrislice.com>**

Breakfast Meal Price: Paid \$1.00 / Reduced \$0.30

Lunch Meal Price: Paid \$2.20 / Reduced \$0.40

Adult Meal Price: \$2.50