Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I CAN TRAIN MY BRAIN!

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| What I SHOULD tell my brain | What I SHOULD NOT tell my brain |
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| Learning is fun! | I am not that smart. | I’ll try a different strategy. |
| This is too hard so I give up. | I will keep working hard. | I will fail all of my tests. |
| I believe in myself. | I can’t do hard work. | I’ll learn how to do this. |