

**SUSD Elementary Lesson Plan**

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| **Topic:** Bullying  **Duration:** 40 Minutes  **Grade Level**: 2nd | | | |
| **ASCA COUNSELING STANDARDS / MINDSETS & BEHAVIORS** | | | |
| **ASCA STANDARDS**  PS:A2.6 - Use effective communication skills  PS:C1.6 - Identify resource people in the school and community and how to seek their help  **ASCA MINDSETS & BEHAVIORS**  Mindset Standard: 2 – Self-confidence in ability to succeed  Behavior Standard: Self-Management Skills 9 - Demonstrate personal safety skills  Behavior Standard: Social Skills 8 - Demonstrate advocacy skills and ability to assert self, when necessary | | | |
| **OBJECTIVES** | | **VOCABULARY** | |
| Student will identify bully behaviors and strategies to deal with them.  Am I a bully? | | Bully  Bystander  Verbal  Physical  Emotional | |
| **INTRODUCTION TO LESSON** | | | |
| Ask students what bully behavior looks like. List responses on the board. Ask if they have been bullied and how that felt. Explain that it is never OK and that we will learn strategies to stop bullying. | | | |
| **CONTENT KNOWLEDGE / INSTRUCTIONAL DESIGN** | | | |
| **INSTRUCTOR ACTIONS** | | **STUDENT ACTIONS** | |
| Define the word BULLYING: When someone hurts others over and over on purpose. | | Students will differentiate between a MEAN ACTION and TRUE BULLYING. | |
| Introduce the three kinds of bullying: verbal, physical and emotional. | | Students will decide which kind of bullying each example is. | |
| Define each kind and show a signal for each (Fingers at mouth-verbal, fist-physical, finger heart emotional). | | Students will respond to further examples by displaying the appropriate signal. | |
| Read “NOBODY KNEW WHAT TO DO.” | | Students will respond to questions during the story. | |
| List strategies for dealing with bullies on anchor chart. | | Students will brainstorm solutions (Speak up, walk away, tell a grown up). | |
| Write an “I feel” message to an imaginary bully. | | Students will pair share their messages | |
| Take the “AM I A BULLY?” survey. | | Students will identify any bully behaviors they may have. | |
| **CLOSURE / CHECK FOR UNDERSTANDING** | | | |
| Review Strategies for dealing with bullies.  Give examples of different kinds of bullying so students can identify them using appropriate signals. | | | |
| **AVID WICOR STRATEGIES UTILIZED** | | | |
| W – Write an I-feel message to a bully  I -  C – Collaborate on what a bully does  O –  R - Read bully survey and score it | | | |
| **RESOURCES** | | | |
| BOOK-“Nobody Knew What To Do” by Becky McCain  Online at: <https://www.youtube.com/watch?v=0XbYVdy1Z6Q>  Bully survey | | | |
| **DIFFERENTIATED INSTRUCTION** | | |
| Pair SPED and or ELL students with model students to do bully survey together.  Role play different types of bullying and the appropriate response. | | |
| **SUPPLEMENTAL LESSON AND RESOURCES** | | |
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